



STATE PROFILE 2013



NURSE-FAMILY PARTNERSHIP IN NEW YORK

Nurse-Family Partnership (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by New York's Nurse-Family Partnership

93% of children received all recommended immunizations by 24 months

89% of mothers initiated breastfeeding and 34% continue to breastfeed at child age 6 months

76% of mothers had no subsequent pregnancies at program completion

69% of mothers are in the workforce at program completion, up from 34% at intake (among those clients 18 and older at intake)

CLIENT DEMOGRAPHICS

At intake

Median age: 20

86% Unmarried

71% Medicaid recipients

Cumulative data as of Sept. 30, 2012

Race

50% Black or African American

25% Declined to self-identify

16% White

4% Multi-racial

3% Asian

1% American Indian/Alaska Native

1% Native Hawaiian/Pacific Islander

Ethnicity

56% Non-Hispanic/Latina

36% Hispanic/Latina

8% Declined to self-identify

Data Oct. 1, 2010 - Sept. 30, 2012.

All data is client self-identified.



In New York, Nurse-Family Partnership currently serves families in all five boroughs of New York City and in Monroe and Onondaga Counties.

IMPLEMENTING AGENCY CONTEXT

Nurse-Family Partnership originated in New York State where the first of three randomized, controlled trials was conducted in Elmira to test the program's effectiveness. After all three research trials demonstrated powerful outcomes, the NYC Department of Health and Mental Hygiene adopted the program. Since 2003, the NYC NFP has expanded to become the largest urban site in the nation. In 2006 and 2007, the program expanded to Monroe and Onondaga Counties, respectively.

FUNDING CONTEXT

Funding sources for New York's NFP programs throughout the state vary and include: state and local health departments, the State Office of Children and Family Services, Medicaid, the federal Healthy Start Initiative, the New York City Council and county general funds, as well as the United Way of Greater Rochester and numerous other private funders. In January 2012, New York State's Medicaid Redesign Team submitted its final set of recommendations to the governor for approval—including a proposal by the NYC Department of Health and Mental Hygiene for more comprehensive Medicaid coverage of NFP home visits as a preventive service. If granted, Medicaid funding would increase for all NFP programs statewide.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community

health program that has been documented to achieve lasting and significant effects through multiple, well-designed randomized, controlled trials. More than 35 years of research proves that it works. This evidence shows our clients – low-income, first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.



- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership was found to be one of 11, or 6% of the programs that clearly work, or even appear promising. The Center fully supports and endorses NFP as one of its "Blueprints" programs.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds "strong evidence of effects on life outcomes of children and mothers" by Nurse-Family Partnership.

ESTABLISHED: 2003
FAMILIES SERVED: 11,273



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